FUNDING PROPOSAL

Northeast Spokane Community Behavioral Health Clinic

MultiCare A Behavioral Health Network



CONTACT

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WHAT The Northeast Spokane Community
Behavioral Health Clinic

WHERE The former Hillyard Library building at 4005 N Cook

HOW Total budget: \$1.85 million; the project has already secured \$600,000 in funds and is seeking the remaining \$1.2 million

WHY Equitably connecting low-to moderate-income Eastern Washington residents to much-needed mental health and supportive services

This project is an opportunity to:

- Encourage community collaboration and foster partnerships between sectors
- Address unmet health care needs in underserved communities
- Tackle mental health crises exacerbated by the pandemic — faced by children, adolescents and adults

Details ::

This new clinic will be located on the Northeast Community Center-Hillyard Community campus in the former Hillyard Library building. The building is currently owned by the City of Spokane and will be leased to the Northeast Community Center through 2035.

The clinic will be centrally located near existing social, health and education providers such as SNAP; Head Start; Unify Health; Women, Infants & Children (WIC); Spokane Public Schools and the new Hillyard Public Library. This will help eliminate transportation, cost and time barriers to accessing behavioral health and other social services.

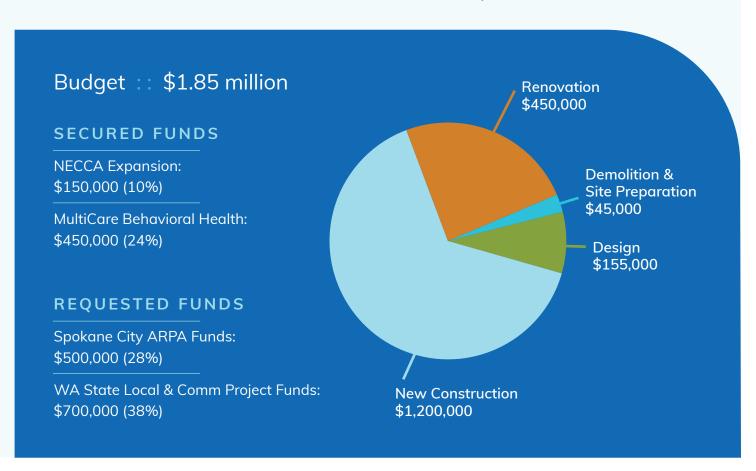
Objectives ::

- Provide better access to mental health services in Northeast Spokane
- Improve educational outcomes for low-income children through local access to behavioral health
- Provide an estimated 34,000 therapy visits to children, adolescents and adults per year through a combination of telehealth and in-person sessions
- Create an estimated 40 to 50 new living-wage positions, a majority of which will be full-time with benefits
- Create opportunities for student practicums, both for master and bachelor-level social work positions and for psychiatric nurse practitioner students
- Provide internships and opportunities for clinical supervision for non-licensed or associate-level licensed clinicians who wish to become fully licensed
- Achieve long-term sustainability through fair-market lease of renovated space

Impact:: There is consensus across the fields of pediatrics, psychiatry, psychology, education and child advocacy that our kids and communities need access to behavioral health more than ever.

- The pandemic has taken a toll on physical and mental health, and has added even more barriers for those seeking care. We need a more coordinated response to reduce the impacts of COVID-19 on the lives of children and families.
- In a 2019 survey of Northeast Spokane families, "mental health access" was listed in the top two stated needs.
- There is an average wait time of up to six months for counseling services for youth experiencing trauma, suicidal thoughts, drug and alcohol misuse, and/or isolation. This center would reduce wait times.
- The behavioral health clinic will provide access to other services like medical, dental, pharmacy, early learning, daycare, and senior programs.
- Children with better access to behavioral health see improvements in school attendance, social behavior, academic engagement, and educational outcomes.

Once the clinic is fully staffed, MultiCare anticipates yearly revenue to be between \$3 million and \$5 million, a significant economic benefit to the Hillyard and Spokane community. As part of the long-term sustainability of this new clinic, MultiCare will lease this space at fair-market value from the Northeast Community Center, providing the Center a consistent, sustained source of income for years to come.



The Northeast Community Center Association has a long history of properly managing public funds and accepts the fiduciary responsibility to see that taxpayers' money is used appropriately and ensures proper accountability from the recipients of its awards. The Center conducts an annual audit with no noted deficiencies. NECCA assumes full responsibility for the conduct of project activities and becomes accountable for meeting local, state, and federal standards in the areas of financial management, internal controls, audit, wage requirements, and reporting.